

**2010 INBF IRON EAGLE**  
**Natural Bodybuilding and Amateur Figure Classic**  
**PRO QUALIFIER**  
**Saturday, March 27<sup>st</sup>**

Savannah Country Day School  
824 Stillwood Dr  
Savannah, GA 31419

Check-in- 8 AM

Prejudging- 10 AM

Evening Show- 5 PM

**Eligibility:** Open to all amateur athletes who have current INBF membership cards. Membership cards may be obtained on the day of registration for the show (\$35.00). Athletes must be drug-free for seven years prior to the date of show.

**Polygraph Testing:** Testing is mandatory for all contestants (\$30.00). Entry Forms must be received before you are scheduled for an appointment, so get your entry in early  
Call (912) 695-0400 to schedule an appointment for Friday, March 26<sup>TH</sup>

**Awards:** 1<sup>st</sup> five places in each weight class and overall. Figure 1<sup>st</sup> - 5<sup>th</sup>

**Music:** Cassette tape or CD must be preset to a maximum of 90 seconds, No profanity, this is a family event.

**Open Men:** ( ) Bant-up to 150 lbs ( ) Lightweight 150 ¼ -165 ( ) Middleweight 165 ¼ - 176  
( ) Light Heavyweight 176 ¼ - 190 ( ) Heavyweight 190 lbs. & over

**Open Women:** ( ) Lightweight 120 lbs & under ( ) Heavyweight 121 lbs. & over

**Master Men:** ( ) Over 40

**Master Women:** ( ) Over 35

**Women Figure:** ( ) Two - Piece Swimsuit (3 Classes: Short, Medium, Tall)

**Master Figure:** ( ) Over 40

**Teenage:** ( ) One Class

**Novice Men:** ( ) Lightweight 150 ¼ - 165 ( ) Middleweight 165 ¼ - 176  
( ) Light Heavyweight 176 ¼ - 190 ( ) Heavyweight 190 lbs & over

**Novice Women:** ( ) Lightweight 120 lbs. & over ( ) Heavyweight 121 lbs. & over

**Novice Men and Women:**

1. Have not placed in the top three in an open weight in any organization.
2. Have not placed 1<sup>st</sup> in a novice contest, in any organization.
3. Cannot crossover to OPEN division.

**NO ENTRIES WILL BE ACCEPTED ON DAY OF CONTEST!**

**Hotel Info:**

Super 8  
387 Canebrake Rd,  
Savannah, GA 31419  
Telephone 912.925.6996

Special Code: IRONEAGLE for discounted rates \$55 for single room and \$60 for double

PRINT NAME \_\_\_\_\_ AGE \_\_\_\_\_ WT \_\_\_\_\_ HT \_\_\_\_\_  
DAY PHONE \_\_\_\_\_ NIGHT PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_  
ZIP CODE \_\_\_\_\_  
EMAIL: \_\_\_\_\_  
GYM REPRESENTING \_\_\_\_\_

INBF membership # \_\_\_\_\_ Expiration \_\_\_\_\_

Previously tested within last 90 days? \_\_\_\_\_ IF yes, what INBF show \_\_\_\_\_

Titles won \_\_\_\_\_

**Waiver: In consideration of accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors, administrators, and waive and release any and all rights and claims for damages I may have against the International Natural Bodybuilding Federation Inc.(INBF).Savannah Country Day School, Savannah Board of Education, World Natural Bodybuilding Federation(WNBF),Rodney Helaire, RH Fitness &Tanning, any sponsors, agents, representatives and assigns for any injuries and /or losses suffered by me as a result of my participation and/or attendance at the 2010 INBF Iron Eagle on Saturday March 27,2010.I understand that in order to compete in an INBF sanctioned event, I will be required to submit up to two (2) drug tests to validate a seven year abstinence of the use of any type of steroids, hormones, pro-hormones, prescriptions diuretics or any and all other compounds deemed illegal by the discretion of the INBF concerning my participation in an INBF sanctioned contest pending the results of one or both tests, as well as my adherence to all INBF rules and regulations. Failure to pass INBF drug test or failure to adhere to INBF rules and regulations will result in my expulsion from the competition in question, as well as loss of INBF eligibility for seven (7) years. I also agree to submit to any and all out -of-season testing required by the INBF and agree to stand by the results of said testing, whatever it may be.**

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER 18) \_\_\_\_\_

Send check or money order to:

Rodney Helaire  
2909 Fenwick Village Dr  
Savannah, GA 31419

Phone: 912-695-0400  
Email: [rlhelaire@hotmail.com](mailto:rlhelaire@hotmail.com)