

2009 INBF IRON EAGLE
Natural Bodybuilding and Amateur Figure Classic
PRO QUALIFIER
Saturday, March 21st

Savannah Country Day School
824 Stillwood Dr
Savannah,GA 31419

Check-in- 8 AM

Prejudging- 10 AM

Evening Show- 5 PM

Eligibility: Open to all amateur athletes who have current INBF memberships cards. Membership cards may be obtained on the day of registration for the show (\$40.00).Athletes must be drug-free for seven years prior to the date of show.

Entry Fees: \$35, Crossover \$25, Late entry fee \$50 (after February 25th).

Hotel: Days Inn and Suites 6 Gateway Blvd South, Savannah, GA 31419 - (912) 925-6666
Special Rate Code: Iron Eagle (\$55)

Polygraph Testing: Testing is mandatory for all contestants (\$30.00).Entry Forms must be received before you are scheduled for an appointment, so get your entry in early
Call (912) 695-0400 to schedule an appointment for either Wednesday, March 18th, Thursday, March 19th or Friday, March 20th

Awards : 1st five places in each weight class and overall. Figure 1st - 5th

Music: Cassette tape or CD must be preset to a maximum of 90 seconds, No profanity, this is a family event.

Open Men: Bant-up to 150 lbs Lightweight 150 ¼ -165
 Middleweight 165 ¼ - 176 Light Heavyweight 176 ¼ - 190
 Heavyweight 190 lbs. & over

Open Women: Lightweight 120 lbs & under Heavyweight 121 lbs. & over

Master Men: Over 40

Master Women: Over 35

Women Figure : Two - Piece Swimsuit (3 Classes : Short , Medium, Tall)

Master Figure: Over 40

Teenage: One Class

Novice Men : Lightweight 150 ¼ - 165 Middleweight 165 ¼ - 176
 Light Heavyweight 176 ¼ - 190 Heavyweight 190 lbs & over

Novice Women: Lightweight 120 lbs. & over Heavyweight 121 lbs. & over

Novice Men and Women:

1. Have not placed in the top three in an open weight in any organization.
2. Have not placed 1st in a novice contest, in any organization.
3. Cannot crossover to OPEN division.

NO ENTRIES WILL BE ACCEPTED ON DAY OF CONTEST!

PRINT NAME _____ AGE _____ WT _____ HT _____
DAY PHONE _____ NIGHT PHONE _____
ADDRESS _____ CITY _____ STATE _____
ZIP CODE _____
EMAIL: _____
GYM REPRESENTING _____

INBF membership # _____ **Expiration** _____

Previously tested within last 90 days? _____ **IF yes, what INBF**
show _____

Titles won _____

Waiver: In consideration of accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors, administrators, and waive and release any and all rights and claims for damages I may have against the International Natural Bodybuilding Federation Inc.(INBF).Savannah Country Day School, Savannah Board of Education, World Natural Bodybuilding Federation(WNBF),Rodney Helaire, RH Fitness & Tanning, any sponsors, agents, representatives and assigns for any injuries and /or losses suffered by me as a result of my participation and/or attendance at the 2009 INBF Iron Eagle on Saturday March 21,2009.I understand that in order to compete in an INBF sanctioned event I will be required to submit up to two (2) drug tests to validate a seven year abstinence of the use of any type of steroids, hormones, pro-hormones, prescriptions diuretics or any and all other compounds deemed illegal by the discretion of the INBF concerning my participation in an INBF sanctioned contest pending the results of one or both tests, as well as my adherence to all INBF rules and regulations. Failure to pass INBF drug test or failure to adhere to INBF rules and regulations will result in my expulsion from the competition in question, as well as loss of INBF eligibility for seven (7) years. I also agree to submit to any and all out -of-season testing required by the INBF and agree to stand by the results of said testing, whatever it may be.

SIGNATURE _____ **DATE** _____

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER 18) _____

Send check or money order to:

Rodney Helaire
280 Blue Moon Crossing #328
Pooler, GA 31322

Phone :912-695-0400
Email: rlhelaire@hotmail.com